

# **Girls Individual Camp**

## **Tentative First Day Schedule**

### **THURSDAY SCHEDULE**

9:30 A.M.	Staff Meeting
10:30 A.M.	Registration Set-up
11:00 A.M.	Staff Lunch
Noon-2:00 P.M.	Registration
2:15 P.M.	All-Camp Meeting: Welcome, Introduction of Staff, Schedule, Major Rules, etc.
2:45-4:00 P.M.	Training Session
4:30 P.M.	Dinner
5:15 P.M.	Campers Assemble Outside of Residence Hall-Depart for Fields
5:35-7:55 P.M.	Evening Play
8:00 P.M.	Evening Session Ends/Commuters Depart
8:45 P.M.	Resident Campers Assemble Outside Residence Hall
9:00 P.M.	Video (Pizza Delivered)
9:05 P.M.	Coaches Meeting
9:20 P.M.	Counselors Meeting
9:45 P.M.	Floor Meeting-Campers & Counselors
10:00 P.M.	Lights Out!

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## Tentative Daily & Last Day Schedule

### FRIDAY & SATURDAY SCHEDULE

7:15 A.M.	Wake-up (Floor Counselors)
7:30 A.M.	Breakfast
8:30 A.M.	Assemble Outside Residence Hall - Depart for Fields
9:00-11:15 A.M.	Training Session
11:30 A.M.	Lunch
12:15 P.M.	Coaches Meeting
1:10 P.M.	Assemble Outside Residence Hall-Depart for Fields
1:30-3:00 P.M.	Training Session
3:15-3:45 P.M.	Demonstration/Presentation/Swimming
4:30 P.M.	Dinner
5:15 P.M.	Assemble Outside Residence Hall-Depart for Fields
5:35-7:55 P.M.	Evening Play
8:00 P.M.	Evening Session Ends/Commuters Depart
8:45 P.M.	All Campers Assemble Outside Residence Hall
9:00 P.M.	Video/Presentation (Pizza Arrives)
9:45 P.M.	On Floor
10:00 P.M.	Lights Out!

### SUNDAY SCHEDULE - LAST DAY

7:00 A.M.	Wake-up (Floor Counselors)
7:20 A.M.	Breakfast
8:10 A.M.	Final Room Check with Coaches/Counselors
8:30 A.M.	Assemble Outside Residence Hall-Depart for Fields
8:50-11:30 A.M.	Training Session/Final Play
11:45 A.M.	Camp Closing

### SPECIAL EVENTS

TBA	Peer Talk with College Athletes
TBA	Coaches Panel for College Bound Athletes
TBA	Camp All Star Game